

## **European Commission issues publication highlighting successful EU Health Programmes**

The European Commission has recently issued a new publication outlining a series of best projects funded under the second Health Programme. The publication, "Health for the EU in 20 success stories" provides an overview of 20 successful projects funded by the EU health programmes, programmes developed to support EU member states in their efforts to improve health and lifestyles throughout Europe. Since 2008, the Health Programme has financed projects worth close to 237 million euros and aims to contribute to support the Europe 2020 strategy by delivering the growth agenda for a smarter, inclusive and more sustainable Europe.

Showcased in the publication are a selection of projects co-financed by Health Programmes since 2003. It presents 20 examples of successful stories covering a wide range of health topics such as nutrition and healthy lifestyles, health inequalities, youth health, cancer, health threats or health information. These projects show, for example, how the Health Programme has helped to raise awareness on cardiovascular disease and diabetes, to implement cervical cancer screening for women or to develop the worldwide online source of information on rare diseases – ORPHANET.

Amongst the series of projects outlined, the 'FOOD' ('Fighting Obesity through Offer and Demand') project, a project which is coordinated by CSR Europe member, Edenred and aimed to promote a healthy diet at work, was also included. The aim of the project is two-fold - Firstly, it wants to improve the nutritional habits of employees by raising their awareness of health issues and, secondly, by working with restaurants it aims to improve the nutritional quality of the food on offer.

For more information on the various projects, the publication is available to download [here](#).

(Source: European Commission)

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